

### Online appendix 3: Analysis of variance for exposure and outcome variables

Parameter	$\sigma^2_{\text{Tot}}$	$\sigma^2_{\text{BF}}$	$\sigma^2_{\text{BP}}$	$\sigma^2_{\text{WP}}$	$(\sigma^2_{\text{WP}})/(\sigma^2_{\text{BF}} + \sigma^2_{\text{BP}})$
FEV <sub>1</sub> [L]	0.410	0.134	0.261	0.015	0.037
FVC [L]	0.596	0.178	0.394	0.025	0.043
FEV <sub>1</sub> /FVC	0.005	0.000	0.003	0.001	0.336
PEF [L/s]	2.728	0.871	1.500	0.357	0.151
FEF <sub>25</sub> [L/s]	2.246	0.675	1.133	0.439	0.243
FEF <sub>50</sub> [L/s]	1.167	0.371	0.610	0.186	0.190
log(FEF <sub>75</sub> [L/s])	0.235	0.069	0.116	0.051	0.273
FEF <sub>25-75</sub> [L/s]	0.863	0.255	0.485	0.123	0.166
FEV <sub>1</sub> Z-score	0.985	0.179	0.702	0.105	0.119
FVC Z-score	1.019	0.078	0.807	0.134	0.152
FEV <sub>1</sub> /FVC Z-score	1.051	0.113	0.620	0.317	0.432
FEF <sub>25-75</sub> Z-score	0.758	0.211	0.396	0.151	0.249
AChE [U/mL]	0.307	0.018	0.219	0.070	0.295
Hb [g/dL]	1.917	0.433	0.853	0.631	0.490
AChE/Hb [U/g]	15.818	0.000	12.923	2.894	0.224

For FEF<sub>75</sub>, variance have been calculated on the log scale, as the variable was lognormal.

#### Legend

- $\sigma^2_{\text{Tot}}$  = total variance
- $\sigma^2_{\text{BF}}$  = between-family variance
- $\sigma^2_{\text{BP}}$  = between-person variance
- $\sigma^2_{\text{WP}}$  = within-person variance
- $(\sigma^2_{\text{WP}})/(\sigma^2_{\text{BF}} + \sigma^2_{\text{BP}})$  = ratio between within-person variance and the sum of the between-family and between-person variances.