

Table 1: Characteristics of the 22 randomized clinical trials included in the systematic review:

| Study | Medications Evaluated | Duration of trial/ no randomized | Definition of AECOPD | Patients who prematurely stopped study meds retained in trial? | Temporal independence established?/ Blinded adjudication of events? | Outcomes Reported: Proportions having ≥ 1 exacerbation, Mean exac/pt-y, or both. | Weighted statistical approach used? | Over-dispersion accounted for? |
|---|---|----------------------------------|----------------------|--|---|---|-------------------------------------|--------------------------------|
| Mahler, AmJRCCM 2002(37) | F/S, Salmeterol, | 24 weeks N = 691 | Event-based | Yes | No/No | Proportions | N/A* | N/A* |
| Szafranski, ERJ 2003(38) | B/F, Formoterol, | 12 months N= 812 | Event-based | No | No/No | Mean exacerbations/ pt-y | Yes | Yes |
| Calverley, Lancet 2003(39) | F/S , Salmeterol | 12 months N= 1465 | Event-based | No | No/No | Mean exacerbations/ pt-y | Yes | No |
| Calverley, ERJ 2003(40) | B/F, Formoterol, | 12 months N = 1022 | Event-based | No | No/No | Mean exacerbations/ pt-y | Yes | Yes |
| Hanania, Chest 2003(41) | F/S, Salmeterol | 24 weeks N= 723 | Event-based | No | No/No | Proportions | N/A | N/A |
| Dal Negro, PulmPharm & Therap. 2003(42) | F/S, Salmeterol, Theophylline | 52 weeks N = 18 | Event-based | N/A (no dropouts) | No/No | Mean exacerbations/ pt-y | N/A (no dropouts) | No |
| Wouters, Thorax 2005(43) | F/S, Salmeterol with Fluticasone withdrawal | 52 weeks N = 373 | Event-based | No | Temporal independence established for mild exacerbations only/ No | Mean exacerbations/ pt-y | No | No |
| Kardos, AmJRCCM 2006(44) | F/S, Salmeterol | 44 weeks N = 994 | Event-based | No | No/No | Mean exacerbations/ pt-y | Yes | No |
| Casaburi, ERJ 2002(45) | Tiotropium | 52 weeks N = 921 | Symptom-based | No | No/No | Both | No | No |
| Vincken, ERJ 2002(46) | Tiotropium, Ipratropium | 52 weeks N = 535 | Symptom-based | No | No/No | Both | No | No |
| Brusasco, Thorax 2003(47) | Tiotropium, Salmeterol | 24 weeks N = 1207 | Symptom-based | No | No/No | Both | No | No |
| Niewoehner, Annals Int Med 2005(48) | Tiotropium | 24 weeks N = 1829 | Event-based | Yes | No/No | Both | No | No |
| Briggs, PulmPharm & Therap. 2005(49) | Tiotropium, Salmeterol | 12 weeks N = 653 | Symptom-based | No | No/No | Both | No | No |
| Dusser, ERJ 2006(50) | Tiotropium | 52 weeks N = 1010 | Event-based | No | No/No | Both | No | No |
| Beeh, Pneumologie 2006(51) | Tiotropium | 12 weeks N = 1639 | Event-based | Yes | No/No | Proportions | N/A | N/A |

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|---------------------------------|-----------------------------|----------------------|--|---------|-------|-------------|-----|-----|
| Van Noord, ERJ 2000(30) | Salmeterol, Ipratropium | 12 weeks N = 144 | Event-based | Yes | No/No | Proportions | N/A | N/A |
| ZuWallack, Chest 2001(31) | Salmeterol, Theophylline | 12 weeks N = 943 | Event-based | Yes | No/No | Proportions | N/A | N/A |
| Rennard, AmJRCCM 2003(32) | Salmeterol, Ipratropium | 12 weeks N = 405 | Event-based | No | No/No | Proportions | N/A | N/A |
| Chapman, CRJ 2002(33) | Salmeterol, Ipratropium | 24 weeks N = 408 | Event-based | Yes | No/No | Proportions | N/A | N/A |
| Rossi, Chest 2002(34) | Formoterol, Theophylline | 12 months N = 854 | Symptom-based for mild exacerbations Event-based for moderate and severe. | No | No/No | Proportions | N/A | N/A |
| Celli, Resp Med 2003(35) | Salmeterol, Sibenadet | 12 weeks N = 1368 | Event-based | Unclear | No/No | Proportions | N/A | N/A |
| Stockley, Thorax 2006(36) | Salmeterol | 12 months N = 634 | Event-based | No | No/No | Both | No | No |

*Use of a weighted statistical technique and correction of over-dispersion is applicable only to those studies that reported mean exacerbations/patient-year

F/S = fluticasone/salmeterol
 B/F= budesonide/formoterol